



"Better Living by Helping"

LIVE 4 HELP FOUNDATION

ANNUAL ACTIVITY REPORT (FY 2022-2023)

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01

GENESIS

ADDRESS: C-504, Sea Show CGHS Ltd., Plot No. 14, Sector-19B, Dwarka, Delhi, India 110075

- Registered Under Section 8 of Company Act, 2013
- The corporate Identity Number (CIN): U85300DL2020NPL372326, dated 28-10-2020.
- Registered Under Income Tax Act 80G:
Registration No. AAECCL3991QF20215 dated 24-09-2021.
- Registered Under Income Tax Act 12A:
Registration No. AAECCL3991QB20214 dated 24-09-2021.
- Registered Under Ministry of Corporate Affairs: CSR00021474 dated 30-01-2022

LIVE 4 HELP FOUNDATION was founded by a team of professionals from diverse backgrounds who share a common vision of contributing meaningfully to society. The team members, located across different parts of the globe, are united in their commitment to improving access to quality education and healthcare, two fundamental pillars of human development and well-being. The team is also dedicated to promoting environmental sustainability through green initiatives aimed at protecting the planet.

Before the formation of the organization, some of us were individually engaged in social services such as providing financial assistance to deserving students, distributing rations during the COVID-19 pandemic, supporting underprivileged families during festivals, organizing plantation and cleanliness drives, and extending financial help to individuals in need through personal networks and social outreach.

These experiences highlighted that while individual efforts were meaningful, a structured and organized platform was necessary to expand outreach, mobilize greater resources, and ensure sustained impact. Accordingly, the founders took the initiative to formally set up a charitable trust/non-profit organization by registering it with the appropriate authorities. Thus began the journey of **Live 4 Help Foundation**, a name that reflects its core philosophy of living with purpose by serving those in need.

02

VISION, MISSION & VALUES

VISION

Our Vision is to provide help, bring smiles and joy of happiness to underprivileged and needy people.

MISSION

Our Mission is to identify the people who are seeking help for different needs and those who are willing to extend their help, thereby bridging the gap between both sections.

VALUES

Live 4 Help Foundation believe in selfless service with honesty, integrity, accountability, and transparency.

MAIN OBJECTIVES

- To help in **Education** of underprivileged and economically weaker students by providing financial assistance, scholarships, stipends, and other educational support.
- To promote **Prime Minister's** Vision of "**Swachh Bharat Abhiyan**" by undertaking **Plantation Drives** and awareness programs for making environment clean and green.
- To provide **Health Care** services for needy and vulnerable persons by arranging free medical camp, free medicines, medical test and awareness programs.
- To encourage **Woman Empowerment** by making woman self-dependent, and confident by providing education, skill development and livelihood support.
- To undertake **Relief Work** for persons and communities affected by natural disasters and other calamities.
- To provide care, support, and assistance to **Elderly People**, particularly those living alone or residing in care centres.

03

ANNUAL ACTIVITIES

3.1. Education

3.1.1. Objective

Education is a fundamental right of every citizen and a cornerstone of holistic development. It fosters personal, professional, and social growth, while nurturing curiosity, critical thinking, and a sense of responsibility towards society. Education empowers individuals to realize their potential and equips them with the knowledge and skills necessary to lead dignified and meaningful lives.

However, children from economically weaker sections often discontinue their studies due to financial constraints and lack of family support. In many cases, illiterate parents are compelled by circumstances to involve their children in income-generating activities to sustain household livelihoods. Despite the efforts of various organizations working in the field of education, a significant gap continues to exist in ensuring sustained academic support for underprivileged students.

The primary objective of the Foundation is to identify meritorious and deserving students from disadvantaged backgrounds and extend financial and academic assistance to meet their educational needs. Through structured support, the organization aims to enable students to continue their education uninterrupted and progress towards achieving their academic and career aspirations.

3.1.2. Selection Criteria and Process

Live 4 Help Foundation has outlined following criteria for selection of deserving students:

- Meritorious student
- Family income around Rs. 10,000/- per month or less
- Preference to students with single parent or no parents
- Preference to girl student

The Foundation's core members proactively connect with volunteers, teachers, and community networks, including social media platforms, to identify students in need of educational assistance. To ensure a structured and transparent process, Live 4 Help Foundation has developed a comprehensive Educational Support Form (both online and offline), capturing detailed information about the student, family background, educational institution, and the specific nature of support required.

Upon receipt of the completed form along with supporting documents—such as previous academic records, a recommendation letter from the school/college, and valid identity and address proof, the core team undertakes a thorough verification process. This includes direct interaction with the student, parents or guardians, teachers, and local volunteers to authenticate the information provided. Based on predefined selection criteria, eligible candidates are shortlisted, and a concise profile note is prepared to facilitate sponsor outreach.

Fundraising for educational support remains a continuous activity throughout the year. Financial assistance is mobilized either through a common donation pool (one-time or periodic contributions) or through individual sponsorships dedicated to specific students, ensuring accountability and sustained academic support.

3.1.3. Types of Support

Live 4 Help Foundation is providing following supports to deserving students depending on their need.

- Admission Fee / Registration Fee
- Tuition/Annual Fee / Semester Fee
- Books, Stationeries, Uniforms, School Bags
- Hostel Fee
- Transportation
- Online/Offline Coaching
- Counselling
- Face to Face and regular interaction with students, parents and teachers
- Medical support on need basis

3.1.4. Regular Interaction

The Volunteers and Core Team Members maintain regular interaction with supported students, their parents, and school principals/teachers to review academic progress and address any challenges faced. These periodic engagements not only ensure effective monitoring and timely support but also provide students with moral encouragement and confidence. The ongoing communication further enables students to approach the Foundation for additional assistance, such as online subject coaching or counselling support, thereby promoting their overall academic and personal development.

3.1.5. Online Coaching

Live 4 Help Foundation successfully arranged free online coaching sessions for beneficiary students, with the generous support of dedicated volunteers from across the globe. Each volunteer provided subject-specific guidance tailored to the needs of individual students.

Volunteer Contributions:

- Mrs. Amrita Datta (USA) – English coaching for Ms. Shweta Singh
- Mrs. Shubhra Das (Kolkata) – Mathematics coaching for Mr. Anirban Kabiraj
- Mr. Subhendu Sekhar Mal (Kuwait) – Mathematics coaching for Ms. Shweta Singh
- Dr. Mrs. Kazi Sabnam Banu (Kolkata) – Chemistry coaching for Mr. Subham Pandey

This initiative reflects the Foundation's commitment to ensuring quality education and personalized support for students, regardless of geographical boundaries. The dedication of our volunteers demonstrates the power of collective effort in shaping brighter futures.

3.1.6. Success Stories

Here are few success stories to our journey towards educational support:

Suvankari Mondal lost both her parents and is living with her aunty, a daily labourer. She was suffering from malnutrition and was unable to continue her education. L4H Foundation initially helped her by providing medical support and nutritious foods to recover from health issues, expanded assistance in pursuing education. L4H Foundation is pleased to witness Suvankari becoming healthy young aspiring women, soon to be appearing B.A. final. Her journey is a testament of how a little bit of help can do so much of goodness for someone. Her transformation from illness to healthy life inspires us to do more for such causes.

Shweta Singh is a student of New Sainik Public School in Goyla Dairy, Delhi, living with her mother and two siblings. Her father passed away 4 years ago due to cancer. She is an intelligent and meritorious student. L4H Foundation has committed to support her education. Additionally, two L4H Foundation members, Mrs. Amrita Datta from USA and Mr. Subhendu Shekhar Mal from Kuwait are providing Shweta free online coaching in English and Science subjects. Principal of her school, Mrs. Pushpa Singh informed us that she has noticed increased confidence level in Shweta over the years. Shweta is now studying in Class IX and would like to pursue higher studies in commerce.

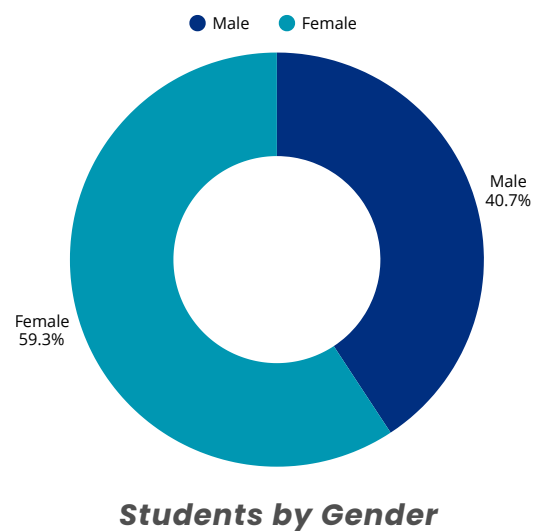
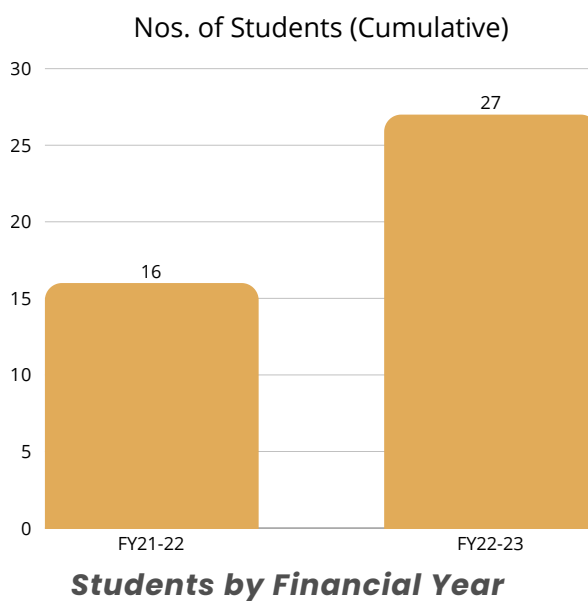
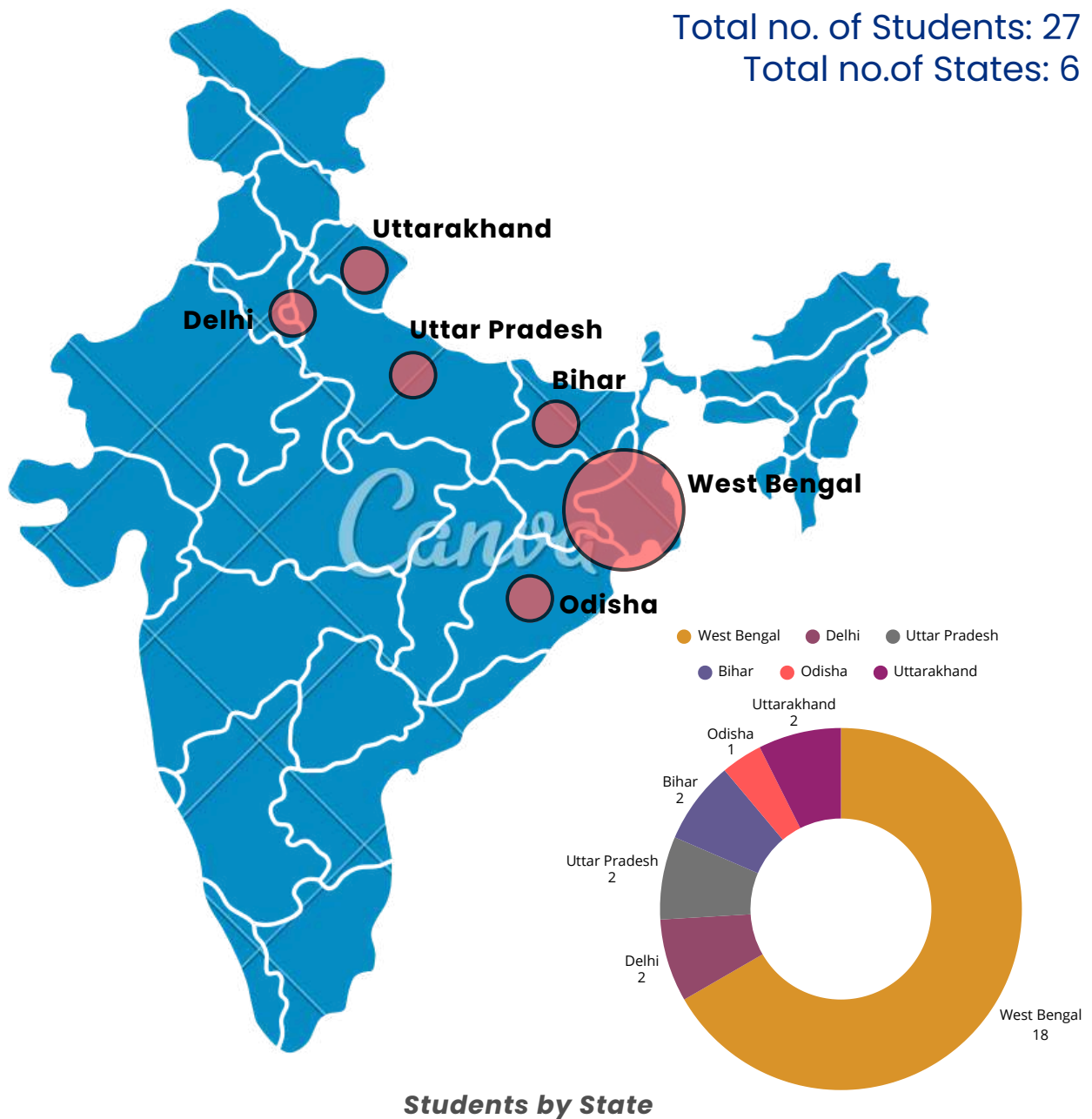
Subham Pandey is studying in B.Sc. (with Physics Honours) at Bankura Christian College, West Bengal. Subham has excellent results in both Class X (94%) and in Class XII (95.8%). His education was at stake during Covid 19 when his father's income dwindled, and poor health further deteriorated future prospected income. L4H Foundation stepped in for assisting his higher studies by covering semester fees of college, monthly private coaching fees, and cost of books. One of our Volunteers, Dr. Mrs. Kazi Sabnam Banu from Kolkata provided him free online coaching in chemistry. He has completed his fifth semester and now in final year of B.Sc. L4H Foundation is proud to share that Subham has been selected in IIT Chennai for pursuing master's degree (M.Sc. in Physics). He has a desire to do research after completing master's degree.

Anjali Kisku, is the 1st graduate from village in Bankura District, West Bengal. She is preparing for a job for which a basic computer training and soft skill development has become a necessity. Anjali belongs to a poor tribal family and her father is only earning member who works as a daily labourer. Anjali was struggling to bear the cost of computer course and transportation costs for commuting from her home to nearest training centre, which is more than 20 kms from her village. L4H Foundation stepped in by providing the transportation cost and computer course fee.

3.1.7. Number of Beneficiaries

From a humble beginning in June 2021 with support extended to a single student, L4H Foundation has progressively expanded its educational outreach to a total of **27 students** across **six states** of India, namely **Delhi, Uttarakhand, Uttar Pradesh, Bihar, West Bengal, Odisha**. Notably, 16 out of the 27 supported students (approximately 59%) are girls, reflecting the Foundation's strong commitment towards promoting education and empowerment of the girl child.

Total no. of Students: 27
Total no. of States: 6



03

ANNUAL ACTIVITIES

3.2. Medical Camp

3.3.1. Objective

It has been observed that rural communities often accord low priority to periodic health check-ups, primarily due to financial constraints and limited healthcare awareness. The rural-urban divide in healthcare access is closely linked to inadequate health literacy, poor living conditions, and lower levels of education. As a result, rural populations tend to make fewer visits to medical practitioners and are less likely to receive personal counselling, comprehensive treatment, and preventive healthcare services compared to higher-income groups.

The basic objective of the medical camps was to provide free medical tests including preliminary cancer screening test to underprivileged people and create general healthcare awareness.

3.3.2. Activities Involved

Live 4 Help Foundation engaged its local volunteers and members to identify suitable locations for organizing the medical camps. Upon finalization of the venue, volunteers conducted community outreach to identify eligible beneficiaries and prepared a detailed list in advance to ensure systematic implementation and effective coverage.

With the support of the local coordination team, the Foundation empanelled a reputed diagnostic laboratory, **Thyrocare Lab** prior to the camp. This ensured that necessary medical tests and screenings were conducted efficiently and in accordance with planned objectives.

L4H Foundation organized one medical camp at **Gobindakati Sikshaniketan, Hingalganj, North 24 Parganas, West Bengal** on **28th Dec'22**

The foundation offered following **blood test** to all beneficiaries:

- Complete Hemogram
- Lipid Profile
- Basic Cancer Screening Test (PSA for Male, Ca125 for Female)
- Thyroid Profile and Lipid Profile
- Kidney Function Test
- Liver Function Test
- Iron Deficiency
- Vitamin D, B12
- Blood Sugar fasting

On the day of the Medical Camp, blood samples were collected for diagnostic testing, and refreshments were provided to all beneficiaries following sample collection to ensure their comfort and well-being.

Upon receipt of the laboratory reports, the Foundation organized free medical consultations during the report distribution phase.

A total of **125 adults** benefited from the medical camp, which was implemented with financial support received under **Corporate Social Responsibility (CSR)** initiatives from **Erbe Medical India Pvt. Ltd.** The CSR contributions enabled the Foundation to extend free diagnostic testing, medical consultations, and healthcare awareness services to underserved communities in a structured and impactful manner.

28th December, 2022

Location: Gobindakati Sikshaniketan, Hingalganj, North 24 Parganas, West Bengal



Thyrocare Team taking blood sample



Beneficiaries at que for blood test



Thyrocare Lab Team at Medical Camp

02

ANNUAL ACTIVITIES

3.3. Cancer Awareness Program

3.3.1. Objective

Cancer remains a major global public health challenge, affecting millions of individuals each year. Despite significant advancements in research, prevention, and treatment, underserved communities often remain excluded from the benefits of such progress. Limited access to healthcare infrastructure, economic constraints, and inadequate awareness contribute to a disproportionately higher burden of cancer-related morbidity and mortality within these populations. Barriers to timely screening and education frequently result in delayed diagnosis, restricted treatment options, and adverse health outcomes.

In view of these disparities, there is a critical need for focused and structured interventions aimed at strengthening cancer awareness and promoting early detection. L4H Foundation is committed to advancing public awareness on cancer prevention and emphasizing the importance of early screening and timely medical intervention, with clearly defined objectives to address these gaps and improve health outcomes in underserved communities.

- Remove the stigma and fear attached with cancer
- Help people recognize the early symptoms of cancer
- Inform people about the importance of regular
- screening and check-ups
- Inform women about mammograms, clinical breast exam, breast self-exam etc.

3.3.2. Event

Live 4 Help Foundation organized Cancer Awareness Session at Gobindakati Sikshaniketan High School, North 24 Parganas, West Bengal. The session was facilitated by **Dr. Shyamsundar Mondal, retired ex. HOD, Department of Epidemiology and Biostatistics, Chittaranjan National Cancer Institute, Kolkata** and attended by school students, local people. Dr. S. Mondal's lucid explanation was well appreciated by all attendees.

28th December, 2022**Location:** Gobindakati Sikshaniketan, Hingalganj, North 24 Parganas, West Bengal

Dr. Shyamsundar Mondal presenting at Cancer Awareness Program



Cancer Awareness Programs attendees

03

ANNUAL ACTIVITIES

3.4. Relief Work

3.4.1. Blanket Distribution

The severe winter season poses significant challenges for tribal and underprivileged communities residing in remote villages and construction site with limited access to adequate shelter and protective resources. In alignment with its commitment to social welfare, L4H Foundation undertook a blanket distribution initiative to provide essential winter relief and support to vulnerable populations.

During the reporting period, blanket distribution drives was conducted at **Gobindakati Sikshaniketan, Hingalganj, North 24 Parganas, West Bengal** on 27th Dec'22 and at **Govt Boys Senior Secondary School Construction site, Jharoda Kalan, New Delhi** on 15th Jan'23., benefiting a total of **300** individuals. The initiative was implemented with the generous support received under the Corporate Social Responsibility (CSR) program of Erbe Medical India Pvt. Ltd., enabling the Foundation to extend timely assistance and alleviate hardship during the winter months.

27th December, 2022

Location: Gobindakati Sikshaniketan, Hingalganj, North 24 Parganas, West Bengal





15th January, 2023

Location: Govt Boys Senior Secondary School Construction site, Jharoda Kalan, New Delhi







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